

The logo features the word 'The' in a white script font, 'COLLEGE' in a large, bold, white sans-serif font, and 'at Complete Dance Studios' in a smaller white script font, all enclosed within a circular frame of two concentric magenta arcs.

The COLLEGE at Complete Dance Studios

RSL LEVEL 3 EXTENDED DIPLOMA

*in Creative and Performing Arts
with a dance or musical theatre approach*

Dance^{complete}
STUDIOS

The
COLLEGE

VL
Virtual Learning uk

Course delivered by VLUK at The College, Complete Dance Studios

WELCOME

At CDS, we believe that great performers aren't simply trained – they're discovered, developed and inspired.

Working in partnership with VLUK, The College at CDS delivers a highly practical Performing Arts programme designed for students who are ready to take their training to the next level. Our aim is simple: to create an environment where you can grow in confidence, develop your skills, discover your strengths and begin to shape your future.

You'll be challenged, encouraged and supported by experienced industry professionals, whilst gaining the practical training, knowledge and experience needed to take your next steps — whether that means progressing into the performing arts industry, moving on to advanced vocational training, or continuing into higher education.

But college is about more than just classes. It's about finding your voice, building your confidence, making lifelong connections and becoming the performer — and person — you want to be.

Your journey starts here.

DECIDE, COMMIT, SUCCEED.



THE COURSE

TRAIN, PERFORM, CREATE, PROGRESS

The College at CDS offers an exciting, full-time two-year Performing Arts programme for students aged 16–18 who are ready to take their training to the next level and prepare for further vocational training or a career in the Performing Arts Industry.

This is a highly practical course, with daily studio-based training at the heart of your week. Alongside your regular classes, you'll have the opportunity to work with experienced industry professionals through half-termly workshops, take part in performances and productions, and gain valuable experience of working as part of a professional performance environment.

The course combines intensive practical training with contextual studies that directly connect to your experience as a performer — from rehearsing and performing to creating, researching and appreciating dance, developing audition skills and understanding safe working practices.

Your training

Your weekly training will include:

- Classical Ballet
- Jazz Technique
- Musical Theatre
- Tap
- Commercial Jazz
- Stretch & Body Conditioning
- Lyrical / Contemporary
- Latin
- Acting
- Singing

There will also be opportunities for **optional 1-to-1 singing tuition** for students who wish to further develop their vocal technique. Additional charges apply.

MORE THAN JUST TRAINING

Throughout the two years, you'll develop the practical and professional skills needed to progress beyond CDS. You'll explore performance genres and their context, audition techniques, repertoire, rehearsal planning, performance practice, collaboration, technical requirements, health and safety, and the process of reviewing and analysing performances.

You'll also have opportunities to take responsibility for your own projects and learning, including learner-led assessment tasks. This encourages the initiative, independence and self-motivation that are essential in professional training and the performing arts industry.

We want you to leave CDS with more than a qualification. You'll have developed as a performer, gained valuable industry experience and built the confidence, independence and professional skills to take your next step.

YOUR NEXT STEP

The RSL Level 3 Extended Diploma is a **fully funded programme** and provides a strong foundation for students wishing to progress into vocational training, further study or employment within the Performing Arts Industry.

Whether your next step is professional performance, advanced vocational training or higher education, the College at CDS will help you build the skills and experience to move forward with confidence.

WHO IS IT FOR?

READY TO TAKE YOUR TRAINING FURTHER?

The Level 3 Extended Diploma in Creative and Performing Arts is designed for young performers aged 16–18 who are passionate about the performing arts and want to take their training beyond school or recreational classes.

Whether you already know that you want a career on stage, are considering further vocational training, or simply want to develop your skills before deciding what comes next, the course will give you the practical training, specialist knowledge and experience to help you move forward.

ENTRY REQUIREMENTS

We recommend that students have some previous performing arts training, either through vocational or outside-of-school classes or through GCSE-level study.

Students are expected to have achieved five GCSEs at Grade 4 or above, with a minimum Grade 4 in Maths and English preferred.

Entry to the College is through an audition and interview process. This gives us the opportunity to meet you, see you perform and understand your ambitions, as well as giving you the chance to find out more about life at CDS.

CHOOSE YOUR PATHWAY

The course begins with a strong foundation in the core techniques, principles and practices of the performing arts. As you progress, you'll have the opportunity to develop your interests further through additional units and follow either a Dance or Musical Theatre pathway.

Whichever route you choose, you'll continue to develop as a versatile, confident and independent performer, whilst building the skills and knowledge needed for your next step.

WHERE IT CAN TAKE YOU?

The RSL Level 3 Extended Diploma is equivalent to three A Levels and carries UCAS points which can contribute towards entry to university degree courses.

For students looking to progress into professional vocational training, the course provides an excellent foundation. Many students choose to audition for specialist Performing Arts Colleges, and you'll be supported and mentored throughout the audition and application process as part of your training at CDS.

The RSL qualification is widely recognised by further and higher education establishments, giving you the flexibility to choose the route that's right for you.

Your journey after CDS is yours to choose. We'll help you get ready for it.



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WHY CHOOSE THE COLLEGE AT CDS?

MORE THAN A QUALIFICATION, MORE THAN A TIMETABLE

Choosing where to continue your performing arts training is a big decision. At CDS, we believe your college experience should be about much more than simply gaining a qualification. It should be about **training, performing, growing and discovering what you are capable of.**

The College at CDS offers the benefits of a dedicated, stand-alone programme within a busy, established Performing Arts studio. Your college training is at the heart of everything we do, whilst giving you access to the wider opportunities, facilities and expertise of CDS.

TRAIN ALONGSIDE PERFORMERS

As a full-time teaching studio, CDS offers opportunities that extend beyond your core college timetable. Diploma students can access additional technique training and, where appropriate, opportunities to become involved with the wider CDS programme and competition team.

Whether you're looking to strengthen a particular technique, challenge yourself

in a new style or simply spend more time doing what you love, there are opportunities to keep developing.

PERFORM, EXPERIENCE, GROW

We believe that performers need to do more than train – they need to **perform.**

Throughout your time at CDS, you'll have regular performance opportunities, including **termly showcases in our dedicated on-site studio theatre.** These showcases give you the opportunity to put your training into practice, perform in front of an audience and build the confidence, professionalism and experience that can only come from being on stage.

Performance isn't something you simply work towards at the end of the year – **it's part of your training throughout the year.**

You'll also have opportunities to gain practical work experience and develop an understanding of what it is really like to work within the performing arts industry. Alongside this, visiting industry professionals bring their experience directly into the studio through regular workshops and masterclasses.



PREPARE FOR WHAT COMES NEXT

If your ambition is to progress to a vocational Performing Arts College, we'll help you get there.

From choosing where to audition and preparing your material, to developing your audition technique and completing applications, students receive support and mentoring throughout the process.

For those who want to continue developing after completing their diploma, additional training is also available outside of college hours, including optional **teacher training in Year 2**. Additional charges apply.

SUPPORTING YOU ALL THE WAY

College is about more than your training, and we want you to feel supported throughout your time at CDS.

Students have access to the usual post-16 education support, including UCAS guidance, student discount schemes and, where eligible, bursaries and benefits. We can also help students arrange GCSE resits or explore further educational

opportunities where appropriate.

Most importantly, we want every student to feel that they belong, are supported and have the opportunity to succeed. Any additional educational support needs will be identified and supported in line with relevant guidelines.

THIS IS YOUR CDS EXPERIENCE

We want your time at the College at CDS to be challenging, exciting and memorable.

Train hard. Perform often.

Be inspired. Find your people.

Build your confidence. And leave ready for whatever comes next.

That's the CDS difference.



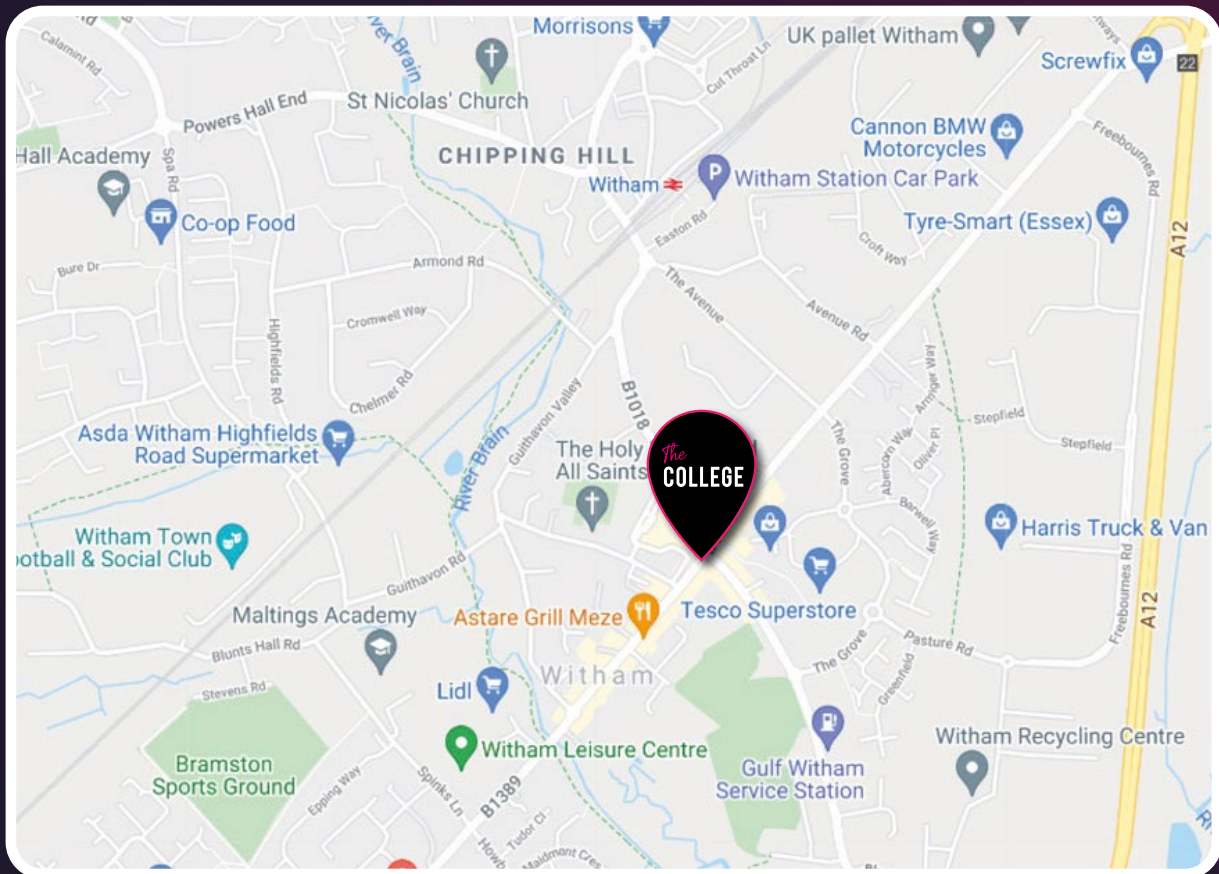
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LOCATION

The purposefully built dance studios are a 5 minute walk from Witham train station which is on the mainline train link.



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HOW TO APPLY

Please email thecollege@completedance.co.uk

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Working in partnership

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